

# **CHRISTCHURCH SAILING CLUB**

**THE QUAY, CHRISTCHURCH  
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## **SAILING INSTRUCTIONS 2006 Edition**

# SAILING INSTRUCTIONS

Racing will take place under and where modified, current I.S.A.F. rules, the prescriptions of the R.Y.A., the current class rules, these Sailing Instructions, or varied from time to time by further C.S.C. Sailing Instructions or Racing Rules, by written notice posted on the Club notice board.

The Club has adopted the R.Y.A. racing charter.

For the purposes of these rules and instructions the term boat shall equally apply to Dinghy Classes, Dayboats, Hawks and Yachts wherever appropriate.

## RACE OFFICERS

Race Officer: definition includes Senior Race Officer, (S.R.O), the Assistant Race Officers, Recorders, Timekeepers, Escort Boat Skippers and their Assistants.

Lists of races and member's race duties are presented in the Club programme book which is provided to all members, a copy of which is held on the Club notice board and in the Club Programme Book. All Club members who judge themselves fit and experienced enough are expected to offer themselves to perform two race duties per year.

A member performing a race duty will be awarded "average points" obtained by taking the average of their finishing positions in the three previous races in that Series, or their first three races in that series if the race duty is in the first three races of the Series.

## MANAGEMENT OF RACES

Instructions and notes for the guidance of Race Officers (Inside/Outside and Duty Boat) are obtainable from the Sailing Office. For Yacht Class Duty Boat and Timekeeper's instructions, see page 15.

The S.R.O. is empowered to postpone, curtail, cancel or abandon any race at his/her discretion on account of adverse weather conditions or any other sufficient cause. The Flag Officers, Hon. Sailing Secretary, Assistant Hon Sailing Secretary, or Class Captains will advise as required.

No dinghy racing will take place without an Escort Boat in attendance. For dinghy races in Christchurch Bay at least 2 Escort Boats will be provided, It is recommended that at least one shall be a fast rescue boat.

## ENTRANCE FEES

Race entry fees are payable for "Benefit Races.

## **SCORING SYSTEMS**

I.S.A.F. APPENDIX A

**Breaking Ties.** The low point system detailed in RRS Appendix A will apply subject to the following amendment to A8 in breaking ties: A8.1 (most firsts, the most seconds etc.) shall apply and if a tie still remains between two or more boats, their positions will be listed in the order determined by best discard. If a tie still remains, then A8.2 (results of last race) shall apply.

For Non Starters/Retirees and Disqualification: Points are one more than the number of Starters.

Personal Handicap System Yachts: Points will be awarded only to a yacht sailed by the same helm throughout the Series.

International Rating Certificate Handicap System and Poole Harbour Handicap System Yachts may be helmed by different helms throughout the series.

In Dinghy Series, each entry is an individual helm sailing one class of boat. If the same helm sails two different classes of boat in a series, that will count as two separate entries.

Over 6 races started – two thirds to count to the nearest whole number:

6 races – 4 to count,	4 races – 3 to count
5 races – 4 to count,	3 races – all to count

A minimum of 2 races must be sailed for any Series to count.

When only one boat enters a Series race, it shall be awarded "Sail Over" points of 3, provided that it sails the course correctly and finishes the race. If the boat retires it shall be awarded 4 points; for disqualification, declared entry points plus one.

## **TROPHY AND SPECIAL RACES**

There shall be at least 3 starters in all Trophy and Special races.

The owner must be aboard any yacht participating in a Trophy race (the owner being designated as the person or persons shown in the Club register). Exceptions: Lady Helm Race and Dinghy Trophy Races.

## **DINGHY CLASS STARTS**

For Inside Series and/or Trophy races, the start time listed is for the first start. The order of Class starts shall be: Class 4, Scow Class, Class 5. International Topper Class,

## **CLASSES**

Races for yachts and dinghies will be provided during the season, as set out in the Racing Calendar. The yachts and dinghies will be divided into Classes as defined. The Sailing Committee shall decide which Class a yacht or dinghy shall be in as soon as possible after entry. Recognised Class yachts and dinghies are required to comply with their Class Rules. They are liable to inspection by the S.R.O., The Class Handicapper or any member of the Sailing Committee. Changes or additions to Classes will require the approval of the Sailing Committee.

### **CREW**

All yacht and dinghy classes must carry a helm and at least one crew, except in the case of approved single-handed classes, single handed events and events with special sailing instructions permitting single handed entries.

### **YACHT HANDICAP CLASSES**

For yachts 18ft. and over, approved by the Sailing Committee for this Class.

Any sub-division of the Yacht Class will be at the discretion of the Sailing Committee, following a recommendation from the Yacht Class meeting.

Yachts requiring a Personal Handicap contact the Class Captain.

Yachts requiring a Poole Harbour System Handicap contact the P.H.S.S. Handicapper.

The distinguishing flag for P.H.S.S is The Club Burgee.

The distinguishing flag for Personal Handicap Yachts with a Handicap Number below 100 is International Numeral Pennant **1**.

The distinguishing flag for Personal Handicap Yachts with a Handicap Number above 99 is International Numeral Pennant **3**.

Only yachts which comply with the C.S.C. Safety rules may enter races, but it is recommended that all yachts classed as Cruisers should be equipped to that minimum standard. Copies of the equipment level are available from the Sailing Office.

### **HAWK Class**

For yachts that comply with the Hawk Class rules. The distinguishing flag of the Hawk Class is International Numeral Pennant **2**.

### **CLASS 4 -- Handicap Class**

For dinghies classes approved by the Sailing Committee and with a Portsmouth Yardstick number of 1264 and below. The distinguishing flag of Class 4 is International Numeral Pennant **4**.

## **CLASS 5 – Handicap Class**

For dinghy classes approved by the Sailing Committee and with a Portsmouth Yardstick number of 1265 and above, excluding the Scow and Topper Class.

Notwithstanding the Class 5 definition rule, Toppers may compete in Class 5 Saturday and Evening series races. The distinguishing flag of Class 5 is International Numeral Pennant **5**.

## **SCOW CLASS**

For dinghies that comply with the Scow Class rules and approved by the Sailing Committee. The distinguishing flag of the Scow Class is International Code Flag **H**.

## **INTERNATIONAL TOPPER CLASS**

For dinghies that comply with the International Topper Class Rules. The distinguishing flag of the Topper Class is International Code Flag **T**.

# **RULES**

## **Safety**

**The safety of a boat and its entire management, including insurance, shall be the sole and inescapable responsibility of the owner/ competitor racing the boat.  
The establishment of these Sailing Instructions in no way limits or reduces the complete and unlimited responsibility of the owner/competitor.**

### **1. 1. Distinguishing Numbers**

Every yacht and dinghy when racing shall carry on her mainsail a distinguishing number as prescribed in I.S.A.F. Rule Appendix G1 or G2, and the R.Y.A. Prescription G1 or G2, as appropriate.

### **2. 2. Entries**

All boats competing in a race must be entered on a race sheet on the Club notice board by:

- |     |     |   |
|-----|-----|---|
| (a) | (a) | 1 hour 20 minutes before the advertised start time for an outside race. |
| (b) | (b) | 20 minutes before the first start time at the Club start-line.          |
| (c) | (c) | 45 minutes before the first start time for a harbour race.              |

Exception; returning Passage Races finishing at Christchurch when entries may be accepted "on the Starting Line" by the S.R.O.

The race entry sheet should specify the time of the first start, the classes involved and any special instructions.

The S.R.O. or Race Officers will, prior to the races, remove from the notice board the race entry sheets for the day at:

- (a) 1 hour 15 minutes before the first start time of outside races.
- (b) 15 minutes before the first start time at the Clubhouse start-line.
- (c) 40 minutes before the first start time for harbour starts.

### 3. Starting and Finishing Lines (Inside Courses)

- (a) (a) Clubhouse Starting and Finishing line:  
This is formed by 2 posts, with top marks, on the Avon bank, in transit with a post with a top mark, on the Club shore and in transit with a post affixed to the Clubhouse.
- (b) (b) Harbour Starting and Finishing lines:  
Harbour Start and Finish lines are formed between the mast or flagpole of the Duty Boat and an outer distance mark. The outer distance mark may be one of the racing marks defined in item 4.

When a course is shortened and finishes at a mark of the course, the mark shall be designated as a finishing mark and dinghies will finish between the mark and Committee Boat.

- (c) (c) Harbour Olympic Courses
  - (i) (i) The starting and finishing lines will be from the mast of the Race Committee boat to an outer distance mark. There will be an inner distance mark. Dinghies must not pass between this and the Committee Boat after the 6-minute signal. (See diagram page 17 ).
  - (ii) Round the Ends: Starting Rule

Flag I will be flown and a sound signal, not a horn, made one minute before a start. I.S.A.F. Rule 30.1 shall apply.

### 4. 4. Racing Marks (Inside)

Harbour Racing Marks are **rounding** marks.

Yellow buoys with top-marks: No. 2 off the north west end of Branders Bank, No. 3 off Wick Hams, No. 4 in Barn Bight, No. 5 off Blackberry Point, No. 6 in Lobs Hole, No. 8 on the Flats, No. 9 off Stanpit. (See diagram page 16.)

No. 1 buoy may be a Green navigation buoy in Clay Pool.  
No. 7 buoy is the main channel Green navigation buoy nearest the Haven Quay.

Inflatable buoys will be used for Harbour Olympic Courses.

## **5. 5. Channel Buoys (Inside)**

When No. 7 is used as a race mark of the course, The Copper Skillet Buoy must be passed on the correct side unless indicated in the listed course marks as "Direct to" (7) or "Direct from" (7).

## **6. 6. Courses**

### **(a) (a) Inside**

The course to be sailed will be selected by the S.R.O. (in liaison with the Class Captain(s) to suit the weather conditions and provide a windward beat if possible. The course for a race will be posted on a blackboard at the Starter's post (Clubhouse) and/or the notice boards in the Club entrance hall or displayed on the Committee boat.

### **(b) (b) Harbour Olympic**

The course will be marked with three inflatable (orange or yellow) buoys. A red flag flying from the Committee boat indicates that all racing marks will be left to Port. A green flag flying from the Committee boat will indicate that all racing marks are to be left to Starboard. (See diagram page 17.) Dinghies must pass through the Start/Finish line when sailing from No. 3 mark to No. 1 mark and may not pass through the Start/Finish line on any other leg of the course. Two laps of the course will be sailed by Class 5, three laps by the Scow Class and four laps by the International Topper Class and Class 4.

### **(c) Winter Series**

Courses in this Series may be set on the rivers in the vicinity of the Clubhouse for all classes except Class 4, which will either have harbour or river courses depending on tides or conditions.

## **7. 7. Starting Lines (Outside)**

### **(a) (a) Race Officers at the Beach Hut – Start Line**

This is formed between the triangular top mark on the Club beach hut and The Finishing mark. (Yellow buoy marked FM, with top mark.)

### **(b) (b) Duty Boat - Start Line**

This is formed between the MAST of the Duty Boat and the Outer Distance Mark. (Yellow buoy marked ODM, with top mark.)

An Inner Distance Mark (I.D.M.) may be laid alongside the Duty Boat. The I.D.M. is NOT a starting line mark. Boats must not pass between the I.D.M. and the Duty Boat after the warning signal (See diagram page 18).

### **(c) (c) Olympic Sea Course - Start Line**

This is formed between the MAST of the Committee Boat and the dinghy leeward mark. (See diagram page 19.)

An Inner Distance Mark (I.D.M.) will be positioned alongside the Committee Boat. Yachts must not pass between the I.D.M. and the Committee Boat after the warning signal.

## **8. 8. Finishing Lines (Outside)**

### **Beach hut and Duty Boat starts**

The finishing line is formed between the triangular top mark on the Club beach hut and the finishing mark. (Yellow buoy, see diagram page 18.)

### **(a) (a) Yacht Classes Courses**

Yachts must pass inside the finishing mark in an East to West direction, except for special courses (See diagram page 18).

### **(b) (b) Olympic Sea Courses**

A line from the MAST of the Committee Boat to the windward mark will form the finishing line. (See diagram page 19.)

## 9. 9. Outside Courses

All sea racing marks are passing marks.  
If any buoy is missing the race shall be abandoned.

### (a) (a) Courses for Yacht Classes

The course for Yachts will be indicated by the numerals 1 to 99, in accordance with the Yacht Classes Racing Marks Chart. Race courses will be displayed by the Race Officers on boards on the Duty Boat, at least ten minutes before the start of the (first) race.

A course number preceded by **INF** (P) or (S) means that the first mark of the course is an inflatable buoy laid to windward of the start line. Yachts should then sail to the first mark of the course indicated by the number displayed.

A course number preceded by **FM** (P) or (S) means that the first mark of the course is the Finish Buoy. Yachts should then sail to the first mark of the course indicated by the number displayed.

A course number followed by X2 or X3 means that the course is a multi-round course and that yachts should sail from the Finish Buoy to the first mark of the course indicated by the number displayed, for each round.

Sailing instructions for the day posted on the Club's notice board must not be removed until after the race has finished. Course charts and course details are obtainable from the Hon. Sailing Secretary and Class Captain.

### (b) (b) Olympic Sea Courses

(i) (i) The course will be marked by large inflatable (normally orange) buoys, laid to form a triangle with approximately one mile legs.  
(Course (i), see diagram page 19.)

(ii) For the Yacht and Hawk Classes a second leeward mark will be laid, approximately half a mile downwind from the first leeward mark.  
(Course (ii), see diagram page 19.)

Dinghies will sail course (i);  
Yacht and Hawk Classes will sail course (ii).

A red flag flying from the Committee Boat indicates that all the racing marks will be left to Port. A green flag flying from the Committee Boat indicates that all the racing marks will be left to Starboard. The race will be of two rounds. The first round will consist of a complete triangle and then windward, leeward and windward legs. The second round is a repeat of the first. Following the start, Yacht and Hawk Classes will ignore the leeward mark No. 3.

## **10. 10. Finishing – Recording**

### (a) (a) Cruiser and Hawk Classes

Short Races: Times over the finishing line will be recorded by the Race Officer (Timekeeper) at the C.S.C. beach hut or Committee Boat.

Passage & Long Races: Finishing will be by the helms or crew taking their FINISH TIME from the starting signal time, to the nearest second. A finishing form, displayed on the Club entrance notice board, must be completed on return to C.S.C. by the entrant or their representative, giving the yacht's FINISH TIME correctly from a time-piece showing hours, minutes and seconds; within two hours of the yacht finishing, unless otherwise stated in the Sailing Instructions.

### (b) (b) Olympic Sea Courses

Times of the Handicap Classes and the finishing order of One Design Classes over the finishing line will be recorded by the Race Officer on the Committee Boat.

### (c) (c) Harbour Olympic Courses

Times of Classes 4 & 5 and the finishing order of One Design Classes over the finishing line will be recorded by the Race Officer on the Committee Boat.

### (d) (d) Portsmouth Yardstick Trophy Races:

Times of all dinghies in Portsmouth Yardstick Trophy races will be taken.

## **11. 11. Flags and Signals**

These will normally be made in accordance with I.S.A.F.rules, unless otherwise stated in the C.S.C. Sailing Instructions or special instructions on the Race Entry Sheet for the day.

Times shall be taken from visual signals; the failure of a sound signal shall be disregarded.

The S.R.O. may, at his/her discretion, dispense with flag signals and use only sound signals to start an Inside race. The use of sound signals only for starting an Inside race will be brought to the attention of competitors on the Race Entry Sheet and Course board.

An automatic sound system may be used for race starts at the Club line. Detailed instructions are available.

## 12. Starting Signals

- (a) (a) Yacht and Hawk Classes –Sea Start
- Warning signal: 10 minutes before the start,  
the class flag is broken out.
- Preparatory Signal: 5 minutes before the start,  
Flag **P** is broken out.
- Starting Signal: 0 minutes before the start,  
both flags are lowered.
- (b) (b) Yacht, Hawk and Dinghies combined sea starts as above.
- (c) Hawk only Start
- Warning signal: 5 minutes before the start,  
the class flag is broken out.
- Preparatory Signal: 4 minutes before the start,  
Flag **P**, or black flag is broken out.
- One Minute: 1 Minute before the start,  
Preparatory flag removed.
- Starting Signal: 0 minutes before the start,  
both flags are lowered.
- (d) Dinghies only Sea Start
- Warning signal: 6 minutes before the start,  
the class flag is broken out.
- Preparatory Signal: 3 minutes before the start,  
Flag **P** is broken out.
- Starting Signal: 0 minutes before the start,  
both flags are lowered.
- (e) Dinghies, Harbour and River starts
- Warning signal: 6 minutes before the start,  
the class flag is broken out.
- Preparatory Signal: 3 minutes before the start,  
Flag **P** is broken out.
- Starting Signal: 0 minutes before the start,  
both flags are lowered.

When classes do not have a separate start, either International Code flag **F** will be broken out as the warning signal or the class flags of the grouped classes will be flown from one halyard.

## 13. Abandonment Signal

International Code flag **N**, as defined by the I.S.A.F. Race Signals, Rules 27.3 and 32, will be flown.

#### 14. Race Postponement

The Answering pennant (red and white vertical bands), as defined by I.S.A.F. Race Signals and Rule 27.3, will be flown.

#### 15. Individual Recall Signal

If a yacht is over the line when her starting signal is made, the Class flag may be left at the dip and a sound signal made. The flag will be left at the dip until all yachts over the line at the start have returned to the right side of the line and been given the ALL CLEAR by the S.R.O., or as long as the S.R.O. thinks reasonable. In the event of sound signals only being used to start an Inside race, the S.R.O. will hail "ALL CLEAR" when all the yachts or dinghies have started to his satisfaction.

The time limits for restarting are:

Yacht, Hawk and Dinghies on ten minute countdown, not later than 9 minutes after the starting signal or one minute before any later starting signal, whichever is earlier.

Yacht and Hawk on five minute countdown, not later than 4 minutes after the starting signal or one minute before any later starting signal, whichever is earlier.

Dinghies on three minute countdown, not later than 2 minutes after the starting signal or one minute before any later starting signal, whichever is earlier.

#### 16. General Recall Signal

This is made by two sound signals only and the First Substitute flag being flown. The race for the class so recalled will start with a fresh warning, preparatory and starting signals, after all other classes.

#### 17. Change of Course

- (a) International Code flag **L** hoisted over the Class flag and two sound Signals, made more than one minute before the warning signal of the advertised time of start, will indicate a change of course.
- (b) Harbour Races: two sound signals made more than one minute before the warning signal for the first start will be made. The new course will be displayed on the Duty Boat. All classes will sail the new course.

#### 18. Shortening Course

The course of a race may be shortened at the discretion of the S.R.O.

For Inside races: When flags are being used, flag **S** will be hoisted over the appropriate class flag and two sound signals made after the leading dinghy has rounded the previous mark and is on the last leg of the course to the new finishing line. When the course is being shortened for all classes, only flag **S** will be flown. When flags are not being used, two sound signals only will be made for the leading dinghy in each class. The signals may be made from the Clubhouse or Duty Boat, as applicable.

For Outside Races: Flag **S** will be hoisted over the appropriate class flag (or flag **S** alone will be flown if the course is being shortened for all classes) and two sound signals made, after the leading yacht or dinghy of each class has rounded the previous mark and is on the last leg of the course to the finishing line.

**19. 19. Flags – Racing**

Yacht and Hawk Classes will wear their Class flags on the backstay or other prominent position minimum size 8 ins hoist, 15 ins fly.

An Ensign shall NOT be worn when racing.

**20. 20. Retirements**

- (a) (a) The crew of a retiring yacht (single-handed excepted) must strike its racing flag or wear its Ensign in the appropriate position.
- (b) (b) Yachts retiring during outside races should pass through the FINISHING LINE and indicate their retirement to the timekeepers. R.T. communication may be used between the retiring boat and the Timekeepers.
- (c) Dinghies retiring from inside races should, on coming ashore, inform the Race Officers.

**21. 21. Declarations**

Declarations will not be required when a boat finishes a race. The fact that a boat completes the course will be taken as a declaration that it has sailed it according to the Rules and Sailing Instructions.

**22. 22. Penalties for breaking rules of Part 2 of the I.S.A.F Rules**

- (a) (a) A boat which acknowledges infringing a rule of Part 2 of the I.S.A.F. Rules may exonerate herself by making TWO full 360 degree turns (720), as defined in I.S.A.F. Rules 44.1 and 44.2.
- (b) When a yacht infringes I.S.A.F. Rule 31.1, touching a mark, she may exonerate herself by immediately making ONE complete 360 degree turn, as defined in I.S.A.F. Rule 31.2.
- (c) When a yacht touches a finishing mark, I.S.A.F. Rule 31.2 shall apply.

### **23. 23. Means of Propulsion**

A yacht may use her engine to reach the vicinity of the start line. The yacht must then make TWO 360 degree turns (720) under sail with her engine stopped before crossing the starting line.

### **24. 24. Time Limit**

The S.R.O. may, at his or her discretion, impose a time limit for a race.  
Exceptions – Paragraphs (b) and (c) below:

In a race where a time limit is imposed the following will apply:

- (a) General  
A race will be valid for all those boats finishing within the prescribed time limit. When no boat finishes within the prescribed time limit, the race will be abandoned.
- (b) Multi-round Courses  
In a multi-round race, a minimum of 50% of the starters must complete the course within any time limit imposed; otherwise the times of the first round will be taken for the final placing.
- (c) Yacht and Hawk Handicap Classes  
The time limit, for short races only unless otherwise specified in the Sailing Instructions, shall expire 15 minutes before 2<sup>nd</sup> High water. When one yacht finishes within the prescribed time limit, the race will also be valid for those yachts that finish within 30 minutes after 2<sup>nd</sup> High water.
- (d) For Outside Yacht and Hawk Classes evening races: The time limit is 2 hours.

Note:

The tide times are to be taken from those printed in the Club Programme.

### **Dinghy Classes**

The time limit for evening and winter Series races is 1½ hours. There is also a time limit for all other harbour races of 3 hours, except for Harbour Olympic courses, where the time limit is 1 hour. When the first dinghy finishes within the last 15 minutes of a prescribed time limit, the race will be valid for those dinghies that finish within 30 minutes of the first dinghy's finishing time. All other dinghies will be deemed to have retired.

**25. 25. Personal Buoyancy**

Every boat shall carry personal buoyancy for each person on board when racing. Wet suits do not constitute adequate personal buoyancy. Helms and crews taking part will wear personal buoyancy when Flag **Y** is flown at the starter's beach hut, Duty Boat or the starter's post on the Clubhouse. Helms and crews participating in Autumn and Winter Dinghy Series racing must wear personal buoyancy. Junior helms will wear personal buoyancy whenever they are participating in any scheduled C.S.C. dinghy race.

**26. 26. Protests**

After finishing, the protesting yacht is required to notify the S.R.O. of the name of the boat being protested against. Protests in accordance with I.S.A.F. Rule 60 shall be made in writing on the R.Y.A. form and delivered to the S.R.O. within two hours of the protesting boat finishing, together with the fee of £5.00 (£1.00 for Juniors). Yachts and Hawk Classes intending to protest shall display conspicuously International Code flag **B** in accordance with I.S.A.F. Rule 61.1.

Dinghies need not fly International Code flag **B** if protesting another dinghy, but must immediately notify the dinghy being protested against.

**27. 27. Junior Races**

Dinghies entered in Junior races will be sailed by Juniors within the age limit shown on the Race Entry Sheet. Junior and youth races will be sailed by the junior or youth within the age limits as shown on the entry sheets.

## CRUISER CLASS DUTIES

### Duty Boat

The duties of the Duty Boat are defined in the current issue of the instruction sheets headed "S.R.O., START BOAT", available from the Sailing Equipment Store.

### Shore-based Timekeepers

1. 1. Collect the Timekeeper's box, containing the beach hut key and VHF radio, from the Sailing Equipment Store. (By arrangement, this may be done the previous evening.)
2. 2. Arrive at the beach hut at least 30 minutes before the starting time to note (by using the VHF radio) the course number(s) from the Duty Boat. This ensures that the Timekeeper is aware of the direction and approximate time of return.
3. 3. Record the presence of entrants.
4. 4. Record Retirements. (Paragraph 20 refers)
5. 5. A VISUAL signal should be made and the finishing time recorded – to the nearest second – of all yachts crossing the line. (Rule 8 refers) In the case of multi-round courses, the time is to be recorded at the completion of each round. (Rule 24 refers)
6. 6. The Timekeeper is to remain at the hut until all the starters are accounted for or the time limit has expired (Paragraph 24b refers)

Result sheets and the box, with the key, should be returned to the Sailing Equipment Store as soon as possible.

**Note:** The finishing mark will be laid close inshore so that yachts may readily be identified from the beach hut.

## AMENDMENT TO START PROCEDURES FOR 2007 SEASON

(d) Dinghies only Sea Start

Warning signal: 5 minutes before the start,  
the class flag is broken out.  
Preparatory Signal: 4 minutes before the start,  
Flag **P**, or black flag is broken out.  
One Minute: 1 Minute before the start,  
Preparatory flag removed.  
Starting Signal: 0 minutes before the start,  
both flags are lowered.  
are lowered.

(e) Dinghies, Harbour and River starts

Warning signal: 5 minutes before the start,  
the class flag is broken out.  
Preparatory Signal: 4 minutes before the start,  
Flag **P**, or black flag is broken out.  
One Minute: 1 Minute before the start,  
Preparatory flag removed.  
Starting Signal: 0 minutes before the start,  
both flags are lowered.  
are lowered.