

Junior Programme 2015

Date	Day	Start Time	Event	Event Leader	Assistant Leader	Assistant	Assistant
31-Mar	Tuesday	18:00	10 Essentials – Boat preparation and tuning	Chris Arnell	Rory Barnes		
18-Apr	Saturday	10:00	5 Essentials of Sailing 1	Richard Beasley	Jon Arnell		
27-Apr	Monday	18:00	10 Essentials – Physical preparation & fitness for sailing	Chris Arnell	Rory Barnes		
30-Apr	Thursday	18:00	Team CHAOS/CHOPS Race Training	Rory Barnes	Jack/Jon Arnell	Tony Lock	
1-May	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Coaching Team	
9-May	Saturday	14:00	Junior Race - ODM	Coaches Racing + 1 Support Boat			
12-May	Tuesday	18:00	10 Essentials – Boat handling	Chris Arnell	Rory Barnes		
14-May	Thursday	18:00	Team CHAOS/CHOPS Race Training	Rory Barnes	Jack/Jon Arnell	Tony Lock	
15-May	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Coaching Team	
23-May	Saturday	10:00	Sonata Match Racing	Rory Barnes	Jon Arnell	Richard Beasley	Jim Lawrence
26-May	Tuesday	18:00	10 Essentials – Boatspeed	Chris Arnell	Rory Barnes		
28-May	Thursday	18:00	Team CHAOS/CHOPS Race Training	Rory Barnes	Jack/Jon Arnell	Tony Lock	
29-May	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Chris Arnell	
6-Jun	Saturday	12:00	5 Essentials of Sailing 2	Richard Beasley	Jon Arnell		
11-Jun	Thursday	18:00	Team CHAOS/CHOPS Race Training	Rory Barnes	Jack/Jon Arnell	Tony Lock	
12-Jun	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Chris Arnell	
24-Jun	Wednesday	18:00	10- Essentials – Starts & rules	Chris Arnell	Rory Barnes		
25-Jun	Thursday	18:00	Team CHAOS/CHOPS Race Training	Rory Barnes	Jack/Jon Arnell	Tony Lock	
26-Jun	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Coaching Team	
4-Jul	Saturday	11:30	Junior Interclub	Chris Arnell	Richard Beasley	Jon Arnell	
9-Jul	Thursday	18:00	10 Essentials – Mark roundings & rules	Chris Arnell	Rory Barnes		
10-Jul	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Coaching Team	
18-Jul	Saturday	11:30	Junior Race - Harbour Olympic	Coaches Racing			
23-Jul	Thursday	18:00	Team CHAOS/CHOPS Race Training	Rory Barnes	Jack/Jon Arnell	Tony Lock	
24-Jul	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Coaching Team	
25-Jul	Saturday	15:00	5 Essentials of Sailing 3	Richard Beasley	Jon Arnell		
27-Jul	Monday	18:00	10 Essentials - Tactics & rules	Chris Arnell			
1-Aug	Saturday	09:30	5 Essentials of Sailing 4	Richard Beasley	Jon Arnell		
3-Aug	Monday	10:00	Junior & Pirates Week	Tony Lock	Richard Beasley	Rory Barnes	
4-Aug	Tuesday	11:00	Junior & Pirates Week	Tony Lock	Richard Beasley	Rory Barnes	
5-Aug	Wednesday	12:00	Junior & Pirates Week	Tony Lock	Richard Beasley	Rory Barnes	
6-Aug	Thursday	13:00	Junior & Pirates Week	Tony Lock	Richard Beasley	Rory Barnes	
7-Aug	Friday	14:00	Junior & Pirates Week	Tony Lock	Richard Beasley	Rory Barnes	
10-Aug	Monday	18:00	10 - Essentials – Strategy	Chris Arnell	Rory Barnes		
15-Aug	Saturday	09:30	5 Essentials of Sailing 5	Richard Beasley	Jon Arnell		
21-Aug	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Coaching Team	

22-Aug	Saturday	10:00	Sonata Match Racing	Rory Barnes	Jon Arnell	Richard Beasley	Jim Lawrence
24-Aug	Monday	18:00	10 Essentials – More Boat Handling	Chris Arnell	Rory Barnes		
30-Aug	Saturday	10:30	Junior Race - Silver Firefly	Coaches Racing			
3-Sep	Thursday	18:00	Team CHAOS/CHOPS Race Training	Rory Barnes	Jack/Jon Arnell	Tony Lock	
4-Sep	Friday	18:00	Friday Pirates	Issie Booth	Libby Booth	Coaching Team	
7-Sep	Monday	18:00	10 Essentials – Race planning and mental Preparation	Chris Arnell	Rory Barnes		
12-Sep	Saturday	10:00	Junior Racing - Ladies Cup	Coaches Racing			
13-Sep	Sunday	10:00	Junior Racing - Harbour Interclub	Coaches Racing			
19-Sep	Saturday	10:00	Sonata Match Racing	Rory Barnes	Jon Arnell	Richard Beasley	Jim Lawrence
27-Sep	Sunday	10:00	Junior Racing - Harbour Interclub	Coaches Racing			
3-Oct	Saturday	10:00	Sonata Match Racing	Rory Barnes	Jon Arnell	Richard Beasley	Jim Lawrence
11-Oct	Sunday	10:00	Junior Racing - Harbour Interclub	Coaches Racing			