

Club Racing - Team CHAOS

For those more competitive sailors the Team CHAOS training will help you move forward in your racing ability. With a mixture of Optimists and 4.7 Lasers sailors the team will be looking at advanced racing and starting techniques as well as preparation required to go and sail at Open Meetings, Nationals and RYA Squad Selections. These sessions are bookable and cost £3 a sailor per session.

Club Racing - Start Racing

Based on the established RYA syllabus, this course provides a basic introduction to Club Racing. Sailors should be 8 years or older and RYA Level 2 or equivalent standard. You will learn how to sail around a course and understand the fundamentals of starts and racing rules. We will also provide you with advice on how to rig and tune your boat for maximum speed and help you develop more advanced sailing techniques. At the end of this course participants should have the confidence and skills to allow them to take part and enjoy Club racing at CSC. This will be a bookable two day course for £15.



Club Racing - Double Handers

Learn how to rig and sail double-handed dinghies with jib and gennaker. Using RS Feva dinghies you will sail with a crew, developing teamwork and the techniques required to sail well in crewed boats. The Club will provide the boats. Sailors are expected to be at least 8 years old and RYA level 2 standard to take part. The sailors will practice both crewing and helming and swapping between boats to learn both roles and develop teamwork and communication skills. At the end of this course sailors will have an understanding of how to sail asymmetric double-handers and the skills required to enjoy sailing with a crew. This will be a bookable two day course for £15.

Junior Sponsorship Fund

The fund has been set up to encourage and sponsor any Junior Member, or Squad of Junior Members, of CSC who will benefit from assistance in developing their sailing skills to a higher level. The aim is to offer financial support to a Junior Member, or a Squad of Junior Members to enable participation in local and / or National events or training beyond what can be provided by CSC. To find the sponsorship form go to downloads section of the website.



Committee Junior Trophy

A trophy is awarded to the Junior Member who gives the best account of some part of their sailing activities during the year. The winner, will receive a small replica to keep, and will retain the trophy for a year.

So, Junior Members, cast your minds back over the year and think about some of the best bits of the sailing programme for you; or maybe when something disastrous happened and what you did to get out of the mess. These things are of interest to others to help make the club activities even better.

The Committee would like to hear about what you enjoyed, and if so why; what was the best bit; what did you dislike; what do you think you may have gained by taking part; was it too simple / hard for you; what suggestions would you offer; don't hesitate to say what you think and feel.

Your account can be submitted electronically and illustrated with photographs - or you might even have ideas of your own that will interest others. Closing date for entries - three weeks prior to the AGM.

For more information on the CSC Junior Squad contact the Junior Co-ordinator, Richard Beasley. Email: juniorsquad@christchurchsailingclub.co.uk



CHRISTCHURCH SAILING CLUB

Junior Squad 2016





What We Do

We are an RYA Champion Club with a busy and varied training and racing programme that runs throughout the year.

Our youngest sailors are the 'Pirates' who enjoy fun and games on the water. For the older juniors and those looking to improve their sailing and racing skills we organise training sessions during the season.

Christchurch Sailing Club hosts the annual Junior Inter-club Regatta where sailors from Highcliffe, Mundeford and Christchurch race together. Junior racing takes place along side the main club racing programme including our famous Junior Week where upwards of 30 sailors enjoy fun racing and evening socials during the summer holidays.

We are very proud of all our young sailors, some of whom have gone on to qualify for RYA squads and race successfully at National and International level in a number of dinghy classes including Optimists, Toppers, RS300s, Lasers, Splashes and Finns.

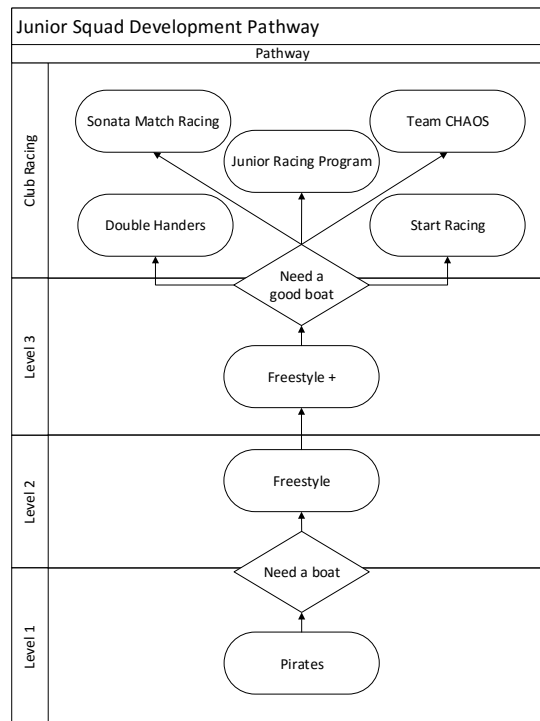
To get involved firstly you need to contact the Junior Squad team via email to let them know your interested in getting involved with the fun. Once this has been done all you will need to get started is to be able to swim, have a buoyancy aid, some warm clothes, and old trainers and come and have some fun on the water.



Junior Development Pathway

The Development Pathway has been designed and implemented for the 2016 season. This gives all participants of the Junior Squad the clear pathway from starting to sail, to becoming regular club racer, and to move onto bigger and better things.

The Development Pathway has helped with the design of the 2016 Junior Programme and with this the types of sessions which we will be providing for the Juniors of Christchurch Sailing Club through the 2016 season.



Level 1 - Pirates

The CSC Junior Squad Pirates are a group of young sailors age between 5-11 who are keen to get out on the water and get up to some pirate mischief!

Pirates sessions are run on Friday evenings throughout the summer season and concentrate on providing a fun, safe environment for the very young sailors of the Club to have fun on the water. To attend a Pirates evening there is no charge, however, prior booking is required. There is also a BBQ which every pirate and parent can attend.

Level 2 - FreeStyle

The FreeStyle group is run on a Friday evening along side the Pirate group. The aim of FreeStyle is to help with the progression of our Junior sailors. These sessions will be for the older Juniors which will include some informal instruction in a slightly more structured way compared to Pirates. To attend a Freestyle evening there is no charge, however, prior booking is required. There is also a BBQ which every Junior and parent can attend.

Level 3 - FreeStyle+

The FreeStyle+ group is run on a Saturday. The aim of FreeStyle+ is to help with the progression of our Junior sailors. These sessions will be for the older Juniors which will include structured instruction in a more formal environment. Booking will be required and these sessions will be chargeable at £3 per session



Club Racing - Sonata Match Racing

The day will involve racing in teams of 4/5 on Sonata keel boats. Rory Barnes and Jim Lawrence own the boats that we will be using. The races will be Upwind/Downwind courses with races being around 20 mins long, with a scoring system in place to work out the winner. The day will kick off with a briefing at the club explaining the rules of Match Racing. Booking for these sessions are essential especially as this is free experience.

